

# FASTED FOR 40 DAYS.

— MATTHEW 4:2 —

Bulletin for February 22, 2026

Celebrants: Saturday 4:30pm: Fr. Mark

Sunday 8:30am & 10:30am: Fr. Mark

**FIRST SUNDAY OF LENT**

©LPi



St. Frances of Rome Catholic Parish

## *Mass Schedule*

Saturday-4:30 p.m.

Sunday-8:30 a.m. & 10:30 a.m.

Monday, Wednesday, Friday: 8:30 a.m.

Fr. Shayne Duvall: Pastor  
Fr. Mark Hamilton: Associate Pastor

2119 Payne St.

Louisville, Ky 40206

[stfranrome@sfrlou.org](mailto:stfranrome@sfrlou.org) 502-896-8401

## **Aging with Heart Disease: Myth vs. Fact**

*Nazareth Home's free Community Education Series to explore aging, heart health, and prevention*

**WHAT:** Nazareth Home will host a free Heart Month educational session exploring common myths and facts about aging with heart disease, led by a cardiology specialist from Norton Heart & Vascular Institute.

**WHEN:** Wednesday, February 25, 2026, from 3:30 p.m. – 4:30 p.m.

**DESCRIPTION:** As part of Heart Month, Nazareth Home invites the community to a free educational session focused on what changes are a normal part of aging, which symptoms should never be ignored, and how today's treatments are helping older adults live longer, fuller, heart-healthy lives. Complimentary blood pressure and glucose screenings will also be available to help attendees better understand their cardiovascular risk factors and take proactive steps toward improved health.

### **WHERE:**

Nazareth Home  
Highlands Campus  
2000 Newburg Road, Louisville

**WHO:** Li Zhou, M.D., Ph.D., is a general cardiologist with Norton Heart & Vascular Institute and medical director of Norton Heart & Vascular Institute Women's Heart Program. Dr. Zhou earned her medical degree from Zhejiang University School of Medicine, Hangzhou, China, and her doctoral degree in pathophysiology from Peking Union Medical College, Beijing, China. She completed her internal medical residency at Jacobi Medical Center of Albert Einstein College of Medicine, Bronx, New York, and had general cardiology training at University of Illinois Chicago. Before joining Norton Heart & Vascular Institute, Dr. Zhou led the Women's Heart Clinic and served as medical director of cardiac rehabilitation at Wake Forest University School of Medicine in Winston-Salem, North Carolina.

**REGISTRATION:** This event is open to the public and there is no cost to attend. Advance registration is encouraged and can be done at [nazhome.org/rsvp](https://nazhome.org/rsvp).

### **ABOUT NAZARETH HOME:**

Founded by the Sisters of Charity of Nazareth, Nazareth Home is an award-winning, nonprofit long-term care and recovery community. We are a recognized leader in delivering person-centered health and wellness services for aging adults. Through individualized care, innovative technologies, and meaningful connections, elders are empowered to explore the joy of living. To learn more, visit [nazhome.org](https://nazhome.org).

The tempter approached and said to him, "If you are the Son of God, command that these stones become loaves of bread." He said in reply, "It is written:  
*One does not live on bread alone, but on every word that comes forth from the mouth of God.*"

- Mt 4:3-4

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

## Questions of the Week

Invite Parishioners to Reflect and Respond to Scripture

### First Reading:

Genesis reveals that from the beginning the serpent (the devil) desires to lure and trap us into disobeying God. Can you think of some lies the serpent is telling people today?

### Second Reading:

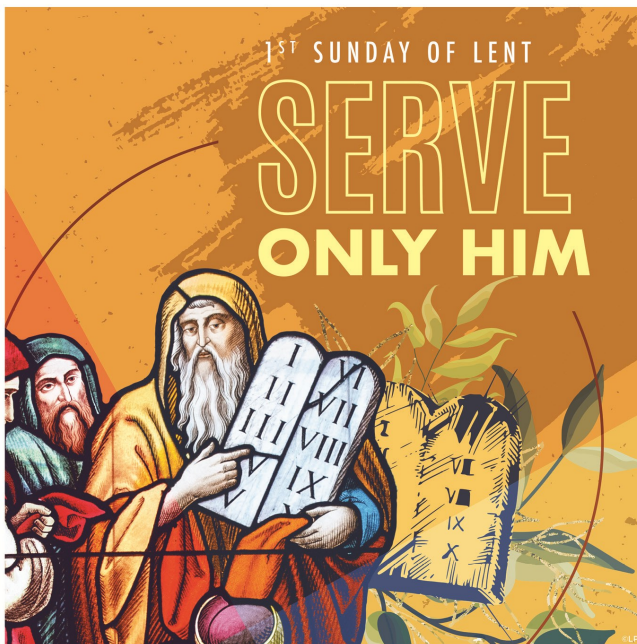
Paul argues that Jesus' obedience to God brought us the gift of freedom and life. How do you see yourself obeying God?

### Gospel:

The season of Lent begins each year with the story of the devil tempting Jesus in the desert. As we begin the 40 days of Lent, what temptations are you willing to confront?

## Stations of the Cross Every Friday in Lent

Every Friday during the Lenten season we will have the Stations of the Cross after the morning Mass. Please join us as we pray, reflect, and journey towards Easter.





## Readings for the week of February 22, 2026

### Sunday:

Gn 2:7-9; 3:1-7/Ps 51:3-4, 5-6, 12-13, 17/  
Rom 5:12-19 or 5:12, 17-19/Mt 4:1-11

### Monday:

Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/  
Mt 25:31-46

### Tuesday:

Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/  
Mt 6:7-15

### Wednesday:

Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/  
Lk 11:29-32

### Thursday:

Est C:12, 14-16, 23-25/Ps 138:1-2ab,  
2cde-3, 7c-8/Mt 7:7-12

### Friday:

Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8/  
Mt 5:20-26

### Saturday:

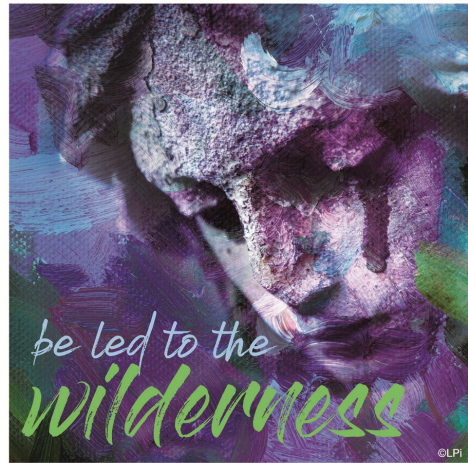
Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/  
Mt 5:43-48

### Next Sunday:

Gn 12:1-4a/Ps 33:4-5, 18-19, 20, 22/  
2 Tm 1:8b-10/Mt 17:1-9



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## Gospel Meditation

### Encourage Deeper Understanding of Scripture

In my second-to-last year of seminary, I woke up one September morning to devastating news: two beloved classmates had died in a car crash. I was overwhelmed with grief and anger like I had never known. I entered therapy for the first time and had intense conversations with my spiritual director. For months I felt lost in a spiritual wilderness. But something unexpected happened: I encountered Christ there. The fear and sorrow didn't destroy me. In fact, that spiritual desert was a time of intense growth in faith.

Today's Gospel begins: **"Then Jesus was led by the Spirit into the desert to be tempted by the devil" (Matthew 4:1).** The word "led" denotes a gentle, humble submission to the Spirit. Jesus does not send himself into this desolate place where wild beasts roam and Satan tempts. Who wants to be around roaming, wild beasts? The Church Fathers saw them as symbols of our inner chaos: fears, temptations, wounds. The Spirit leads us there, sometimes against our wishes. But those same Fathers also saw that this deserted place is also where angels ministered to Jesus, amidst his great trial and temptation.

**Lenten Challenge:** This Lent and throughout life's struggles, the Spirit leads you and me into the wilderness. Name one "desert" into which the Spirit has led you: perhaps grief, fear, silence, change, disappointment. Ask for the grace to go there willingly. The beasts may be real, but they will not harm you. There, the angels are waiting to minister to the Christ living in you, who always goes where the Spirit leads.

— *Father John Muir*

## Sunday's Readings

### First Reading:

The LORD God formed man out of the clay of the ground and blew into his nostrils the breath of life. (Gn 2:7)

### Psalm:

Be merciful, O Lord, for we have sinned. (Ps 51)

### Second Reading:

For just as through the disobedience of the one man the many were made sinners, so, through the obedience of the one, the many will be made righteous. (Rom 5:19)

### Gospel:

At that time Jesus was led by the Spirit into the desert to be tempted by the devil. He fasted for forty days and forty nights. (Mt 4:1-2)

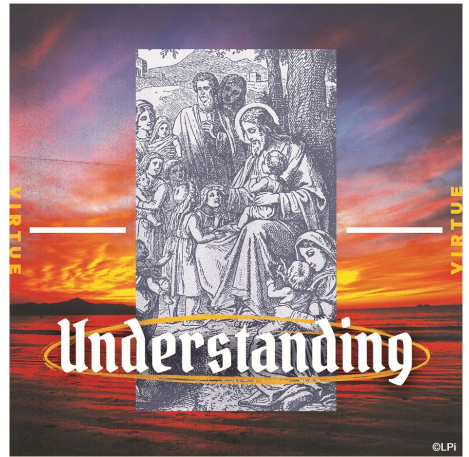
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## Live The Liturgy Inspiration of the Week

Our Lord is so humble that he allows us to see him experience temptation. The vulnerability of this moment is awesome to behold. Let us learn from Jesus' interaction with the devil, and be transformed by it. Let us say, with him: "Get away, Satan."

## Observances for the week of February 22, 2026

- Sunday:** 1st Sunday of Lent  
**Monday:** St. Polycarp, Bishop and Martyr  
**Friday:** St. Gregory of Narek, Abbot and Doctor of the Church  
**Next Sunday:** 2nd Sunday of Lent



## Virtues, *Explained!*

Understanding is the "food" of faith. "I believe, in order to understand," said St. Augustine. We must constantly ask the Holy Spirit for greater and more profound understanding, for though understanding proceeds from faith, it in turn nourishes that faith.

## Lenten Blessing

Bless us in Your mercy, Lord, as we enter these 40 Days of Lent. Use this time to call, anoint, bind, strengthen, and inspire us anew. Like a good shepherd, teach us Your voice, and give us the strength to follow. Amen.

## **February 28 - March 1: 2nd Sunday of Lent**

### **Sat, Feb 28, 4:30 PM - 2nd Sunday of Lent**

Salem George	Sacristan
Salem George	Altar Server - Adult
NOT FILLED	Cantor
Hank Evans	Keyboardist
Charlie Zimmerman	Lector
LuAnn George	EMHC
Mary Jo Gramig	EMHC
Kathy Leonard	EMHC
Diane Boehnlein	Hospitality
Dutch Boehnlein	Hospitality
Dutch Boehnlein	Usher
NOT FILLED	Usher

### **Sun, Mar 1, 8:30 AM - 2nd Sunday of Lent**

Steve Wiser	Sacristan
Steve Wiser	Altar Server - Adult
Lauren Hammond	Cantor
Marquita Cooper	Keyboardist
John Hampton	Lector
Paul Bleuel	EMHC
Kathy Wiser	EMHC
Maria Wuerth	EMHC
Robert Fritz	Hospitality
Mary Keyer	Hospitality
Bill Benoit	Usher
John Clements	Usher

### **Sun, Mar 1, 10:30 AM - 2nd Sunday of Lent**

Beth Wiseman	Sacristan
John Bawa	Altar Server - Youth
Judith Youngblood	Cantor
Emily McCarthy	Keyboardist
Olivia Jane Richardson	Lector
Jeff Barrett	EMHC
Therese Bawa	EMHC
Mary Masick	EMHC
Fred Fields	Hospitality
Dee Dee Freibert	Hospitality
Fred Fields	Usher
Beth Wiseman	Usher

*\*Note: The liturgical ministers listed are subject to change after the bulletin has gone to print.*

## St. Frances of Rome Catholic Church

<https://saintfrancesofrome.org/>

To reach a staff member at St. Frances of Rome, you may call the parish office directly at (502) 896-8401 and leave a voicemail. For a sacramental emergency, please call our hotline at (502) 899-9687. You may also reach us via email by using our first initial and last name:  
Rev. Fr. Shayne Duvall = [sduvall@htparish.org](mailto:sduvall@htparish.org).



## Phone List

- Parish Office 502-896-8401
- Our Emergency Line 502-899-9687 (For those in need of Anointing of the Sick, or Last Rites)
- Rev. Fr. Shayne Duvall, Pastor 502-897-5207 x1100
- Rev. Fr. Mark Hamilton, Associate Pastor 502-896-8401
- Bruce Hines, Business Manager 502-897-5207 x1103
- Steve King, Director of Facilities and Operations 502-896-8401 SFR/ or 502-897-5207 x1120 HT
- Elizabeth Jackson, Director of Sacred Music & Liturgy 502-897-5207 x1107
- Allison Deaton, Director of Finance and Human Resources 502-897-5207 x1116
- Jill Greer, Finance Admin. Assistant 502-897-5207 x1109
- Kathy Leonard, Parish Life Coordinator 502-896-8401

## St. Frances of Rome Parish Council

Rev. Fr. Shayne Duvall, Pastor  
John O'Brien –Council Chair  
Bill Benoit –Finance Chair

- Anne Hogan
- Kathy Leonard
- Marnie McAllister
- Matt Brotzge
- John O'Brien
- Paul Ostertag
- Phyllis Clay

The St. Frances Parish Council meets on a bi-monthly basis. The Council has discussed ways to improve communication with parishioners and others interested in joining our community.

If you have thoughts or comments to share, please email them to either Father Shayne [sduvall@htparish.org](mailto:sduvall@htparish.org).

Collection 2/15/2026 \$6,335

Loose Collections \$588

Online giving \$1,135

Amount Needed Weekly:\$8,154

Amount Over or (**Under**) YTD: \$29,751

Collections Correction

We have discovered an error in the spreadsheet we use to track the collections. This error caused us to report higher YTD numbers than actual. The error has been corrected, and this week’s numbers are true.

Mass Intentions for the Week and 2025 Prayer List

**Saturday, February 21**

4:30PM The Honaker Family

**Sunday, February 22**

8:30AM Bill & Sharon Cassiday ✝

10:30AM Peege Family

<b>Ann Burton</b>	<b>Toni Mullins</b>
<b>Patricia Elliott</b>	<b>Nancy Ostertag</b>
<b>Mary Elmore</b>	<b>Susan Rappa</b>
<b>Katie Evers</b>	<b>William Rawlings</b>
<b>Judy Theobald Fitzhugh</b>	<b>Garland Sharpe</b>
<b>Allie &amp; Masey Goatley</b>	<b>Carole Sheehan</b>
<b>Michelle Hagan</b>	<b>Judy Thornberry</b>
<b>Betsy Hilinksi</b>	<b>Katheryn Watkins</b>
<b>Anne McMahon</b>	<b>Jean Watson</b>
<b>Joyce Mitchell</b>	<b>Leora Williams</b>

**Monday, February 23**

8:30AM People of the Parish

**Wednesday, February 25**

8:30AM People of the Parish

**Friday, February 27**

8:30AM People of the Parish

A Message of Thanks from the Hamptons

*John and I are so grateful for the love and support we received at last Sunday’s 8:30 Mass.*

*Without the kind and immediate attention of the loving people who came to his aid, the outcome could have been much more troubling. Thank you for your help and well wishes. We love you all.*

*Sincerely,*  
*Maria and John Hampton*

**Saturday, February 28**

4:30PM People of the Parish

**Sunday, March 1**

8:30AM Mary Benoit ✝

10:30AM William Ostertag ✝

Our Celebrants

- 8:30a Monday, February 23—Fr. Mark
- 8:30a Wednesday, February 25—Fr. Mark
- 8:30a Friday, February 27—Fr. Shayne
- 4:30p Saturday, February 28—Fr. Mark
- 8:30a Sunday, March 1—Fr. Mark
- 10:30a Sunday, March 1—Fr. Mark